

Some days
I wonder if I am
going crazy...



I keep thinking of all my
friends and relatives
who are on the front lines
helping... and I worry.

Conversations About Coping through COVID-19

An informal online discussion where the emotional and spiritual challenges of the pandemic can be shared and peer support offered.

**Each Wednesday
7:00 – 8:00 PM**

July 8, 15, 22 & 29

*Conversations will
be guided by
Sister Edna Michel, OSF
(experienced listener and
facilitator)*

A free service of

For more information or to register:
419-443-1485 OR
peace@franciscanretreats.org



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Spirituality Center
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Tiffin, OH

**You will receive downloading instructions for Zoom and
required code for participation**